

We Are Here For Community.

**NDIS changes can feel confusing. You're not alone.**



# NDIS changes: What Aboriginal families should know

A simple guide to help you understand the proposed NDIS changes, ask questions early and stay connected to culturally safe support.

NDIS changes can feel confusing.  
You're not alone.

The NDIS is changing, and we know many Aboriginal people with disability, families and carers are feeling unsure about what comes next.

Windaan is here to help families ask questions, understand their options and stay connected to culturally safe support.



# What is changing?

The Australian Government has announced proposed changes to the NDIS to help secure the scheme for the future.

## The proposed changes may affect:

- ✔ How people access the NDIS
- ✔ How support needs are assessed
- ✔ How plans and funding are reviewed
- ✔ What supports are funded by the NDIS
- ✔ What providers are required to do

The government has said the NDIS will focus on supporting people with permanent and significant disability. It has also said access will be based more on how a person's disability affects their everyday life, rather than diagnosis lists alone. These changes are expected to happen over time. More information is still being released.





# What families should know

Every person and family will be different. The proposed changes may raise questions about your plan, funding, supports, eligibility, providers or future reviews.

## You may be wondering:

- Will my plan change?
- Will my funding change?
- Will I still be eligible?
- Will the supports I use still be available?
- What happens at my next review?
- Do I need to choose a registered provider?
- Who can help me understand my options?

It is okay if you do not know the answers yet. The most important thing is to ask questions early and stay connected to trusted support.

# Why this matters for Aboriginal families

More than 63,000 First Nations people currently access the NDIS, representing 8.3% of participants nationally.

The NDIS is an important pathway to support, but access has not always been easy. Many families still face barriers finding services that are culturally safe, accessible and responsive to their needs.

When systems become harder to understand, people may feel overwhelmed, delay asking questions or disengage from the NDIS altogether.

Some people may also assume they are no longer eligible when support may still be available. This is why trusted, culturally safe support matters.



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That's **8.3%**  
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# What to do if you feel unsure

If you are worried about your plan, funding, eligibility or services, you do not have to work through this alone.

You can:

- 1 Ask questions early**  
Do not wait until you feel overwhelmed. If something is unclear, ask for help.
- 2 Check your current plan**  
Look at what supports are funded, when your plan ends, and whether a review is coming up.
- 3 Write down your concerns**  
Keep a list of questions about your funding, supports, providers or eligibility.
- 4 Talk to someone you trust**  
This could be a family member, carer, support coordinator, advocate or culturally safe service.
- 5 Stay connected to support**  
Do not disengage from the NDIS without speaking to someone first.

# Questions to ask

You may want to ask:

- ✔ What does this mean for my current NDIS plan?
- ✔ Will my funding or supports change?
- ✔ When will the changes affect me?
- ✔ What happens at my next plan review?
- ✔ What evidence or information should I keep?
- ✔ Who can help me understand my options?
- ✔ What supports may still be available?
- ✔ Do I need to use a registered provider?
- ✔ Where can I get culturally safe support?
- ✔ What should I do if I feel confused or worried?





# How Windaan can help

Windaan provides culturally safe support for Aboriginal people with disability, families and carers.

**We can help families:**

## **Understand what's changing**

Plain-English guidance about the proposed NDIS reforms and what they may mean for your family.

## **Navigate plans and supports**

Help thinking through your plan, funding, services, eligibility and upcoming reviews.

## **Ask questions with confidence**

Support to prepare questions, understand your options and speak up for what you need.

## **Stay connected to community**

Culturally safe support that keeps families connected to trusted services, community and care.

# Why choose Windaan?



Windaan has supported Aboriginal families since the early days of the NDIS.



We are a registered NDIS provider, and we meet NDIS quality and safeguarding requirements.



Windaan is part of a small group meeting these standards, with **only around 6% of active providers currently registered.**



At Windaan, we walk alongside families with respect, **cultural understanding and practical support.**





# Get support

**You don't have to navigate this alone.  
We walk with community.**

If you are worried about your plan, funding, eligibility or services, reach out early.

Windaan is here to help families ask questions, understand their options and stay connected to culturally safe support.

## Contact Windaan



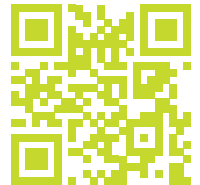
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[windaan.org.au](http://windaan.org.au)



# Official information



For official information about the proposed NDIS reforms, visit:



NDIS: Securing the NDIS for future generations  
<https://www.ndis.gov.au/news/11496-securing-ndis-future-generations>



Australian Government Department of Health,  
Disability and Ageing: Securing the NDIS for future  
generations  
<https://www.health.gov.au/resources/publications/securing-the-ndis-for-future-generations?language=en>

